

**CNDC Indoor - 3/31/2023****Minot State Dome****Results****Boys 55 Meter Dash****Record: 6.39 # 2013****Nigel Hageness, Rugby**

| Name                 | School | Finals | H# | Points |
|----------------------|--------|--------|----|--------|
| <b>Finals</b>        |        |        |    |        |
| 1 Lundberg, William  | Rugby  | 6.28 # | 1  | 10     |
| 5 Gronvold, Logan    | Rugby  | 6.52   | 1  | 4      |
| 28 Fahnestock, Cole  | Rugby  | 7.12   | 7  |        |
| 40 Lawerance, Daiton | Rugby  | 7.32   | 12 |        |
| 43 Risovi, Taytum    | Rugby  | 7.38   | 15 |        |
| 46 Risovi, Jove      | Rugby  | 7.40   | 11 |        |
| 73 Towe, Elijah      | Rugby  | 7.90   | 10 |        |
| 77 Torr, Hudson      | Rugby  | 8.11   | 12 |        |

**Boys 200 Meter Dash****Record: 23.50 # 2014****Nigel Hageness, Rugby**

| Name                | School | Finals | H# | Points |
|---------------------|--------|--------|----|--------|
| <b>Finals</b>       |        |        |    |        |
| 2 Lundberg, William | Rugby  | 23.98  | 1  | 8      |
| 7 Fahnestock, Cole  | Rugby  | 24.92  | 2  | 2      |
| 20 Risovi, Taytum   | Rugby  | 26.55  | 9  |        |
| 22 Fritz, Kristian  | Rugby  | 26.80  | 7  |        |

**Boys 400 Meter Dash****Record: 51.59 # 1986****Tim Bereland, New Rockford**

| Name                 | School | Finals  | H# | Points |
|----------------------|--------|---------|----|--------|
| <b>Finals</b>        |        |         |    |        |
| 11 Lawerance, Daiton | Rugby  | 1:00.30 | 5  |        |
| 28 Towe, Elijah      | Rugby  | 1:06.39 | 5  |        |
| 34 Torr, Hudson      | Rugby  | 1:09.69 | 5  |        |

**Boys 800 Meter Run****Record: 2:01.63 # 2018****Isaac Huber, Edgeley-Kulm**

| Name               | School | Finals  | H# | Points |
|--------------------|--------|---------|----|--------|
| <b>Finals</b>      |        |         |    |        |
| 11 Johnson, Jenner | Rugby  | 2:34.28 | 2  |        |

**Boys 1600 Meter Run****Record: 4:29.94 # 4/4/2018****Isaac Huber, Edgeley-Kulm**

| Name                  | School | Finals  | Points |
|-----------------------|--------|---------|--------|
| <b>Finals</b>         |        |         |        |
| 1 Dibble, Austin      | Rugby  | 5:07.13 | 10     |
| 18 Kirchofner, Maddex | Rugby  | 5:58.14 |        |

**Boys 3200 Meter Run****Record: 10:06.75 # 4/4/2018****Robert White, New Town**

| Name             | School | Finals   | Points |
|------------------|--------|----------|--------|
| <b>Finals</b>    |        |          |        |
| 4 Green, Brayden | Rugby  | 11:58.47 | 5      |

**CNDC Indoor - 3/31/2023****Minot State Dome****Results****Boys 55 Meter Hurdles****Record: 7.59 # 2010****Eric Kuntz, Rugby**

| Name                 | School | Finals | Points |
|----------------------|--------|--------|--------|
| <b>Finals</b>        |        |        |        |
| 2 Gronvold, Logan    | Rugby  | 8.31   | 8      |
| 4 Deplazes, Bryceton | Rugby  | 8.56   | 5      |
| 6 Walker, Cy         | Rugby  | 8.87   | 3      |

**Boys 4x160 Meter Relay****Record: 1:15.71 # 4/1/2021****Harvey/Wells County, Harvey/Wells  
I Friese, T Thorson, K Seig, M Thorson**

| Team          | Relay              | Finals              | Points               |
|---------------|--------------------|---------------------|----------------------|
| <b>Finals</b> |                    |                     |                      |
| 1 Rugby       |                    | 1:18.08             | 10                   |
| 1) Walker, Cy | 2) Gronvold, Logan | 3) Fahnestock, Cole | 4) Lundberg, William |

**Boys 4x400 Meter Relay****Record: 3:42.20 # 1985 , Fessenden**

| Team              | Relay          | Finals             | Points              |
|-------------------|----------------|--------------------|---------------------|
| <b>Finals</b>     |                |                    |                     |
| 3 Rugby           |                | 3:53.02            | 6                   |
| 1) Dibble, Austin | 2) Schmitt, Ty | 3) Fritz, Kristian | 4) Fahnestock, Cole |

**Boys 4x800 Meter Relay****Record: 9:03.60 # 1985 , Fessenden**

| Team              | Relay             | Finals                | Points             |
|-------------------|-------------------|-----------------------|--------------------|
| <b>Finals</b>     |                   |                       |                    |
| 3 Rugby           |                   | 9:43.79               | 6                  |
| 1) Dibble, Austin | 2) Ramsey, Connor | 3) Kirchofner, Maddex | 4) Johnson, Jenner |

**Boys High Jump****Record: 6-05 # 4/5/2016****Payton Granger, Harvey Wells**

| Name             | School | Finals  | Points |
|------------------|--------|---------|--------|
| <b>Finals</b>    |        |         |        |
| 2 Foster, Erik   | Rugby  | 5-10.00 | 8      |
| 16 Schaan, Caleb | Rugby  | 5-00.00 |        |
| --- Volk, Tucker | Rugby  | NH      |        |

**Boys Pole Vault****Record: 14-00 # 4/5/2016****Eric Schaper, Beulah**

| Name                 | School | Finals    | Points |
|----------------------|--------|-----------|--------|
| <b>Finals</b>        |        |           |        |
| 1 Deplazes, Bryceton | Rugby  | 10-06.00  | 10     |
| 2 Gronvold, Logan    | Rugby  | J10-06.00 | 8      |
| 4 Risovi, Jove       | Rugby  | 8-00.00   | 5      |
| 6 Schmitt, Ty        | Rugby  | 7-06.00   | 3      |

**Boys Long Jump****Record: 22-05 # 1995****Stephen Schilling, Mohall**

| Name                 | School | Finals   | Points |
|----------------------|--------|----------|--------|
| <b>Finals</b>        |        |          |        |
| 7 Deplazes, Bryceton | Rugby  | 19-08.00 | 2      |
| 15 Foster, Erik      | Rugby  | 18-06.00 |        |

**CNDC Indoor - 3/31/2023****Minot State Dome****Results****Finals ... (Boys Long Jump)**

| Name             | School | Finals   | Points |
|------------------|--------|----------|--------|
| 22 Schaan, Caleb | Rugby  | 17-05.00 |        |
| 22 Schmitt, Ty   | Rugby  | 17-05.00 |        |
| 33 Volk, Tucker  | Rugby  | 16-06.50 |        |

**Boys Triple Jump**

Record: 43-00 # 2003 Tim Leier, Leeds/Maddock

| Name                 | School | Finals   | Points |
|----------------------|--------|----------|--------|
| <b>Finals</b>        |        |          |        |
| 1 Deplazes, Bryceton | Rugby  | 40-04.00 | 10     |
| 3 Foster, Erik       | Rugby  | 37-10.00 | 6      |
| 4 Schaan, Caleb      | Rugby  | 37-04.00 | 5      |
| 9 Risovi, Jove       | Rugby  | 34-03.00 |        |
| 10 Volk, Tucker      | Rugby  | 33-01.00 |        |
| 12 Schmitt, Ty       | Rugby  | 30-00.00 |        |

**Boys Shot Put**

Record: 57-08 # 2008 Seth Wisthoff, Glenburn

| Name                | School | Finals   | Points |
|---------------------|--------|----------|--------|
| <b>Finals</b>       |        |          |        |
| 10 Schneibel, Brody | Rugby  | 39-11.00 |        |
| 51 Anderson, Cole   | Rugby  | 29-01.00 |        |

**Men - Team Rankings - 15 Events Scored**

|                                    |       |                              |       |
|------------------------------------|-------|------------------------------|-------|
| 1) Rugby                           | 134   | 2) Benson County             | 84    |
| 3) Southern McLean (Washburn/Wilt) | 56.5  | 4) New Rockford-Sheyenne     | 52.75 |
| 5) Beulah                          | 50    | 6) Bottineau                 | 37    |
| 7) Harvey/Wells County             | 35    | 8) Velva-Drake/Anamoose      | 34    |
| 9) Powers Lake-Burke Central       | 33.75 | 10) Grant County/Flasher     | 21.25 |
| 11) Linton/HMB                     | 18    | 12) Mohall-Lansford-Sherwood | 10    |
| 13) Rolette/Wolford                | 4     | 14) Northern Lights          | 3     |
| 14) Dunseith                       | 3     | 16) Max - South Prairie      | 2     |
| 17) Glenburn                       | 1     | 18) Strasburg                | 0.75  |